

Handbook of Resistance: Resources, Strategies & Ideas

Courtesy of the RZA - Real Zombie Apocalypse



November 2016 - 1st Edition
A Work in Progress - Updated Monthly

Contact feypride at yahoo.com
for Revisions & Additions

Handbook of Resistance

Strategies, Resources, Links - A Work in Progress

The goal of this handbook, and of RZA, is a just, civil, and reasonably stable and humane society for ALL members, so we can ALL live free of violence and bigotry and pursue our lives with the certainty that ALL our human rights will be respected. We want social, economic, and environmental justice advances to continue. We support efforts to stop and reverse climate change as much as is possible. We want to create more progressive change that will allow people to live without poverty or disease inflicted by war, petrochemicals, and other by-products of capitalism. We want substantial, systems change - and not a "Tyranny of Trumperies." We want a true democracy, un beholden to corporate interests. We do not want fascism.

We use the term, "Real Zombie Apocalypse" (RZA), (1) as a cultural metaphor for the widespread violence, instability, destruction, injustice, domestic terrorism and hate groups and crimes, dismantled economic safety nets and services, probable disruption of economic and food supply systems, and overall inhumanity that seem to be on the immediate horizon, and (2) to underscore the need for UNITING with each other using PRACTICAL, STRATEGIC actions to resist and inoculate against the effects of this "social disease" we are facing.



The purpose of this handbook is to share practical, non-violent strategies for resisting and pushing back against all destructive policies likely to be proposed by the Tyranny of Trumperies.

We want to mobilize quickly to put international and domestic political, social, economic resistance (eg. consumer boycotts), and pressure in place against all members of the government who are complicit in accepting racism, bigotry, misogyny, homophobia, transphobia, ableism, ageism, classism, and state sanctioned hatred and terrorism.

Let's learn from history. Let's make ample use of our passionate love of humanity and the earth, our street smarts, our education and training (whatever they may be), our resources, our connections, professional and social service or justice organizations that we know or networks that we participate in, our technical and social media accumen, etc. Put everything you have and know about to use.

PICK THREE STRATEGIES

Start by picking **THREE STRATEGIES that you feel you will be able to do often**, and then do them consistently, daily or weekly. If you look at this as a managed cluster of tasks, it will help you to avoid being overwhelmed. If you feel able, or as you feel able, add more or different actions, or rotate them.

Here's an example of picking three strategies: (1) Call and write your local and state politicians on a weekly basis to remind them that you are their constituent and expect them to uphold human rights and preserve social safety nets; (2) Alert stores to your boycott, as you will no longer shop where they carry trump products; (3) Start a Guardian Angels chapter and regularly patrol to ensure public safety for people likely to be targeted by violence and bullying. These are just three examples. There are many things you can do. Go ahead and sign internet petitions, but don't make that your only activity. Be creative!

You can even make use of websites such as Trello to organize your resistance tasks!

Here's one example of how you could organize your resistance strategies. Try a Four Week Rotation: Pick four issues that call to you, and then rotate activity patterns and causes from month to month if you like. Do three things each week to (1) continue resisting and (2) continue to support causes and changes that you feel are urgent.

| 4 Week Rotation | Share Financial & Other Resources | Communicate | Network |
|--|---|---|---|
| Week One - Pick an Issue | Donate to an local or national organization. | Media watch & communications | Local grassroots action: protest, city council meetings, etc. |
| Week Two - Pick a Second Issue | Make and serve food to people who need it. | Phone calls or "snail mail" to government officials | Learn: "Teach-in" or group study; learn about an issue or org that is unfamiliar to you |
| Week Three - Pick a Third Issue | Fundraise on behalf of a local cause or organization. | Work your social media to the utmost. | Reach out to an international organization or activist |
| Week Four - Pick a Fourth Issue | Make socially conscious investing or banking changes | Consumer boycott letters, actions | Write a letter to a prisoner |

MAKE ALLIANCES

Report all kinds of hate crimes to The Southern Poverty Law Center - <https://www.splcenter.org/reporthathe> and give them your support. Be a better, more active ally than you ever were to people of color, queer and trans people, intersex people, immigrants, Muslims, and so on. You'll find many resources in our lists.

Don't rely on your privilege, regardless of what it is (wealthy, white, educated, cis-gendered, etc.) to assume that you are "safe" or insulated from what's to come. You won't be. To quote from Bertolt Brecht, it really is "all of us or none."

CARING FOR OURSELVES AND EACH OTHER

Care for Others: please always consider intervening when someone is being bullied or harrassed near you - there are ways to do this without confronting the aggressor. Make a safe space for the person who is being bullied, by striking up a conversation and ignoring the bully. Search out articles and videos that will help you learn non-violent interventions and communications skills.

Care for the Earth: stop poisoning your body and the environment with consumer and industrial toxins, particularly those products made by companies which support the Tyranny of Trumperies. Remember that the authorities are willing to use chemical warfare (tear gas and pesticide sprays) against people who are resisting, protesting, or protecting (such as Standing Rock).

Care of yourself: avoid activist burn-out. Make use of all the resources you have to create moments of calm, peace, and resilience.

And please contact us with more suggestions! This Handbook will be updated monthly. Send suggestions to feypride at [yahoo.com](mailto:feypride@yahoo.com).

Thank you for all you do.



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**Special Focus for This Issue:
Legal Aid Organizations in Los Angeles**

*Many thanks to M. Holman, V. Orgel, J. Truant, & J. Wikoff
and others for suggestions and advice.*

Focus & Issues - Links to Groups
Please consider donating and/or joining.

ACCOUNTABILITY

Public Accountability Initiative

<http://public-accountability.org/>

• ***Little Sis*** - “free database for detailing connections between powerful people and organizations.”

<http://public-accountability.org/research/littlesis/>

BIGOTRY, CIVIL RIGHTS & SOCIAL JUSTICE

Ella Baker Center for Human Rights

<http://ellabakercenter.org>

Black Lives Matter

<http://blacklivesmatter.com>

• Guiding Principles - <http://blacklivesmatter.com/guiding-principles/>

CAIR - Counsel on American-Islamic Relations

<https://www.cair.com>

Crossroads Antiracism Organizing and Training

<http://crossroadsantiracism.org>

****Lawyers’ Committee for Civil Rights Under Law***

<https://lawyerscommittee.org>

Kristen Clarke, President and Executive Director

Stacie B. Burgess: sburgess@lawyerscommittee.org | 202-662-8317

****Leadership Conference on Civil and Human Rights***

<http://www.civilrights.org>

Wade Henderson, President and CEO

Scott Simpson: simpson@civilrights.org | 202-466-2061

****Mexican American Legal Defense and Educational Fund***

<http://www.maldef.org>

****National Action Network***

<http://nationalactionnetwork.net>

The Rev. Al Sharpton, Founder and President

Rachel Noerdlinger: rnoerdlinger@mercuryllc.com | 347- 821-9678

****NAACP - National Association for the Advancement of Colored People***

www.naacp.org/

Cornell William Brooks, President and CEO

Daniel Valentine: dvalentine@naacpnet.org | (410) 580-5220

• NAACP Legal Defense and Educational Fund

Kelly Landis: klandis@naacpldf.org | 202-216-5565

****National Coalition on Black Civic Participation***

<http://www.ncbcp.org>

Melanie Campbell, President and CEO

Enid Doggett: enid@insprmedia.com | 202- 246-3982

• Black Women's Roundtable - <http://www.ncbcp.org/programs/bwr/>

****National Urban League***

<http://nul.iamempowered.com>

Marc H. Morial, President and CEO

Teresa Candori: tcandori@nul.org | 212-558-5362

*[Coalition participants]

One

<https://www.one.org/us/>

People for the American Way (PFAW)

<http://www.pfaw.org/>

Presente

presente.org

Southern Poverty Law Center

<https://www.splcenter.org/what-we-do>

- Hate Groups Map - <https://www.splcenter.org/hate-map>
- Report Hate - <https://www.splcenter.org/reporthate>
- Speaking Up - <https://www.splcenter.org/20150126/speak-responding-everyday-bigotry>
- Teaching Tolerance (Project of Southern Poverty Law Center)
<http://www.tolerance.org/publication/american-muslims-united-states>

UltraViolet

<https://weareultraviolet.org/>

Start Guide List of Social Justice Organizations

<http://www.startguide.org/orgs/orgs06.html>

CIVIL LIBERTIES

ACLU - American Civil Liberties Union

www.aclu.org

Start Guide List of Civil Liberties Organizations

<http://www.startguide.org/orgs/orgs05.html>

DISABILITY RIGHTS

A Guide to Disability Rights

<https://www.ada.gov/cguide.htm>

ACLU - American Civil Liberties Union

<https://www.aclu.org/issues/disability-rights>

Disability Rights Advocates

<http://dralegal.org>

Disability Rights Legal Center

<http://drlcenter.org>

Human Rights Watch

<https://www.hrw.org/topic/disability-rights>

Job Accommodation Network

<https://askjan.org>

National Disability Rights Network

<http://www.ndrn.org/index.php>

DOMESTIC TERRORISM - KKK & HATE GROUPS

Rand Corporation - Domestic Terrorism (Policy Info)

<http://www.rand.org/topics/domestic-terrorism.html>

Southern Poverty Law Center (also listed in Bigotry)

<https://www.splcenter.org/what-we-do>

- Report Hate - <https://www.splcenter.org/reporhate>
- Hate Groups Map - <https://www.splcenter.org/hate-map>

ECONOMY, MINIMUM WAGE & ECONOMIC JUSTICE

AFL-CIO

<http://www.aflcio.org/Issues/Jobs-and-Economy/Wages-and-Income/Minimum-Wage>

Business for a Fair Minimum Wage

<http://www.businessforafairminimumwage.org>

International Workers of the World (Wobblies)

<https://iww.org>

National Employment Law Project

<http://www.nelp.org/campaign/raising-the-minimum-wage/>

Raise the Minimum Wage

<http://raisetheminimumwage.com>

Reclaim the American Dream

<http://reclaimtheamericandream.org/organizations-wages/>

Solari Report (Catherine Austin-Fitts, Whistleblower)

<https://solari.com/blog/>

United Farmworkers Union

www.ufw.org

Richard D. Wolff, Marxist Economist

<http://www.rdwolff.com>

Start Guide List of Economic Justice Organizations

<http://www.startguide.org/orgs/orgs04.html>

ELECTORAL POLICIES & VOTER REFORM

Common Cause

www.commoncause.org

Brand New Congress

<https://brandnewcongress.org/home>

End Citizens United

<http://endcitizensunited.org/>

National Popular Vote Compact

<http://www.nationalpopularvote.com/>

Our Revolution

<https://ourrevolution.com/>

Progressive TurnOut Project

www.turnoutpac.org

Represent Us - Election Reform

<https://represent.us>

List of Progressive Electoral Politics Organizations

<http://www.startguide.org/orgs/orgs01.html>

ENVIRONMENT AND CLIMATE CHANGE/JUSTICE

350.org

<https://350.org>

Climate Emergency Coalition

http://www.tree-of-life.works/coalition?recruiter_id=25814

DGR - Note: Deep Green Resistance is not recommended due to their leadership's policies of denying transgender rights.

Department of Defense Confronts Climate Change

<http://fas.org/blogs/secrecy/2016/01/dod-climate/>

Earth Justice

<http://earthjustice.org/>

EDF - Environmental Defense Fund

<https://www.edf.org>

EWG - Environmental Working Group

www.ewg.org

Greenpeace USA

<http://www.greenpeace.org/usa/>

Friends of the Earth

www.foe.org

League of Conservation Voters

<http://www.lcv.org>

Natural Resources Defense Council

<https://www.nrdc.org>

Puna Pono Alliance

<http://punapono.com>

Opposes geothermal power in Hawai'i

Rainforest Action Network

<http://www.ran.org>

Sierra Club

<http://www.sierraclub.org>

- Hawai'i Chapter - <https://sierraclubhawaii.org/join-volunteer/>

Transition Towns (Transitioning from Peak Oil Economies)

<http://www.transitionus.org/transition-towns>

Union of Concerned Scientists

<http://www.ucsusa.org>

Start Guide List of Environmental Organizations

<http://www.startguide.org/orgs/orgs08.html>

FOOD (Including Non-GMO) & HUNGER

Center for Food Safety

<http://www.centerforfoodsafety.org>

Food and Water Watch

<http://www.foodandwaterwatch.org/>

Food Babe

<http://foodbabe.com/2016/11/15/monsanto/>

Food Tank

<http://foodtank.com/news/2015/07/urban-farms-and-gardens-are-feeding-cities-around-the-world>

GMO Awareness

<https://gmo-awareness.com/resources/anti-gmo-groups-america/>

March Against Monsanto

<http://www.march-against-monsanto.com>

National Pesticide Information Center

<http://npic.orst.edu/factsheets/glyphogen.html>

Organic Consumers Association

<https://www.organicconsumers.org/news/10-world-organizations-have-taken-stand-against-gmos>

SEED - Promoting Entrepreneurship for Sustainable Development

<https://www.seed.uno/>

Seed Savers Exchange

<http://www.seedsavers.org>

Urban Farming

<http://www.urbanfarming.org/urban-agriculture.html>

GENDER - TRANS AND GENDER DIVERSITY RIGHTS

Gender Diversity

<http://www.genderodysseyfamily.org>

- Gender Odyssey Conference
- Trainings and resources

Gender Spectrum

<https://www.genderspectrum.org>

- Gender Spectrum Family and Professional Conferences
- Trainings and resources

Transgender Law Center

www.tlc.org

- Publications and Resources - <http://transgenderlawcenter.org/pubs>

Trans Lifeline

<http://www.translifeline.org>

National Lesbian and Gay Task Force

- PDF Report: *Injustice at Every Turn - A Report of the National Transgender Discrimination Survey*

http://www.thetaskforce.org/static_html/downloads/reports/reports/ntds_full.pdf

List of LGBT Liberation Groups

<http://www.startguide.org/orgs/orgs06.html#cat13>

HEALTHCARE

American Medical Association

- <https://psychiatry.org/about-apa/meet-our-organization/councils/minority-mental-health-and-health-disparities>
- <https://psychiatry.org/psychiatrists/cultural-competency/mur-caucuses>

Doctors Without Borders

<http://www.doctorswithoutborders.org>

List of Health Advocacy Organizations

<http://www.startguide.org/orgs/orgs07.html>

HOUSELESSNESS & HOMELESSNESS

Covenant House International

<https://www.covenanthouse.org>

- Homeless LGBT Youth

[https://www.covenanthouse.org/help-the-homeless/lgbt?](https://www.covenanthouse.org/help-the-homeless/lgbt?origin=DHQEI1700RTFNN)

[origin=DHQEI1700RTFNN](https://www.covenanthouse.org/help-the-homeless/lgbt?origin=DHQEI1700RTFNN)

[%3F&utm_source=social&utm_medium=cpm&utm_content=static_LQ&utm_campaign=fy17LGBTQ](https://www.covenanthouse.org/help-the-homeless/lgbt?origin=DHQEI1700RTFNN%3F&utm_source=social&utm_medium=cpm&utm_content=static_LQ&utm_campaign=fy17LGBTQ)

National Coalition for the Homeless

<http://nationalhomeless.org>

National Coalition for Homeless Veterans

<http://www.nchv.org>

IMMIGRANT RIGHTS

Center for Immigrant Studies

<http://cis.org/>

• Sanctuary Map

<http://cis.org/Sanctuary-Cities-Map>

International Refugee Assistant Project

<http://www.refugeerights.org>

Mexican American Legal Defense and Educational Fund

<http://www.maldef.org>

(Also in Bigotry)

INDEPENDENCE HAWAI'I

‘Aha Aloha ‘Aina

<https://ahaalohaaina.com>

Hawaiian Kingdom Blog

<http://hawaiiankingdom.org/blog/>

Ka Lei Maile Hawaiian Civic Club

<http://www.kaleimailealii.org>

INDEPENDENCE - PUERTO RICO

Puerto Rico Independence Party

Partido Independentista Puertorriqueño

<http://www.independencia.net/index.php?lang=es>

https://en.wikipedia.org/wiki/Puerto_Rican_Independence_Party

INDIGENOUS RIGHTS

American Indian Movement

<https://www.aimovement.org>

Pachamama Alliance

<https://www.pachamama.org/>

Stand for Mauna Kea & We Are Mauna Kea

<https://www.facebook.com/groups/standformaunakea/>

<https://www.facebook.com/groups/393211327547061/>

Standing Rock

<http://standingrock.org>

(also in Water)

Stand with Standing Rock

<http://standwithstandingrock.net>

Suggests three strategies for helping Sign petition, call White House, donate. Also suggested Tweets, Facebook, and Instagram messages.

(also in Water)

INTERSEX RIGHTS

OII - Organization Intersex International

<http://oii-usa.org/about/>

LGBQ & OTHER SEXUAL RIGHTS

Bisexual FAQ

<http://www.hrc.org/resources/bisexual-faq>

GLAAD

<http://www.glaad.org/about>

Human Rights Campaign

<http://www.hrc.org/>

- <http://www.hrc.org/blog/we-are-with-you-resources-for-the-lgbtq-community-in-a-time-of-need>

- Policy and Position Statements on Conversion Therapy

<http://www.hrc.org/resources/policy-and-position-statements-on-conversion-therapy>

LAMBDA LEGAL

<http://www.lambdalegal.org>

Lavender Kitchen Sink Collective

<http://www.lavenderkitchensink.com/support-lksc/>

National Center for Lesbian Rights

<http://www.nclrights.org>

National Lesbian and Gay Task Force

<http://www.thetaskforce.org>

PFLAG

<https://www.pflag.org>

Southern Poverty Law Center

<https://www.splcenter.org/issues/lgbt-rights>

The Trevor Project

<http://www.thetrevorproject.org>

Mental Health Groups Opposing Gay “Conversion” or “Reparative” Therapy

American Academy of Pediatrics

<https://www.aap.org/en-us/Pages/Default.aspx>

• Homosexuality and Adolescence

“Confusion about sexual orientation is not unusual during adolescence. Counseling may be helpful for young people who are uncertain about their sexual orientation or for those who are uncertain about how to express their sexuality and might profit from an attempt at clarification through a counseling or psychotherapeutic initiative. Therapy directed specifically at changing sexual orientation is contraindicated, since it can provoke guilt and anxiety while having little or no potential for achieving changes in orientation.”

<http://pediatrics.aappublications.org/content/pediatrics/92/4/631.full.pdf>

American Academy of Physician Assistants

<https://www.aapa.org>

American Academy of Child Adolescent Psychiatry

<https://www.aacap.org>

• Practice parameter on gay, lesbian or bisexual sexual orientation, gender nonconformity, and gender discordance in children and adolescents. (Sept. 2012)

“Clinicians should be aware that there is no evidence that sexual orientation can be altered through therapy, and that attempts to do so may be harmful. There is no empirical evidence adult homosexuality can be prevented if gender nonconforming children are influenced to be more gender conforming. Indeed, there is no medically valid basis for attempting to prevent homosexuality, which is not an illness. On the contrary, such efforts may encourage family rejection and undermine self-esteem, connectedness and caring, important protective factors against suicidal ideation and attempts. Given that there is no evidence that efforts

to alter sexual orientation are effective, beneficial or necessary, and the possibility that they carry the risk of significant harm, such interventions are contraindicated.”

<https://www.guideline.gov/summaries/summary/38417?>

- http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/FFF-Guide-Home.aspx?hkey=c2dc89fb-aac1-4308-9297-eedfe7755b92

American Association for Marriage and Family Therapy

<http://www.aamft.org/iMIS15/AAMFT/>

- *2015 Policy on Social and Family Policies*

“The association does not consider homosexuality a disorder that requires treatment, and as such, we see no basis for [reparative therapy]. AAMFT expects its members to practice based on the best research and clinical evidence available.”

http://www.aamft.org/iMIS15/AAMFT/Content/about_aamft/position_on_couples.aspx

American College of Physicians

<https://www.acponline.org>

- *Lesbian, Gay, Bisexual, and Transgender Health Disparities: Executive Summary of a Policy Position Paper From the American College of Physicians*

“8. The College opposes the use of “conversion,” “reorientation,” or “reparative” therapy for the treatment of LGBTQ persons.”

<http://annals.org/aim/article/2292051/lesbian-gay-bisexual-transgender-health-disparities-executive-summary-policy-position>

American Counseling Association

<https://www.counseling.org>

- *Ethical issues related to conversion or reparative therapy* (Jan 16, 2013)

“The belief that same-sex attraction and behavior is abnormal and in need of treatment is in opposition to the position taken by national mental health organizations, including ACA. The ACA Governing Council passed a resolution in 1998 with respect to sexual orientation and mental health. This resolution specifically notes that ACA opposes portrayals of lesbian, gay and bisexual

individuals as mentally ill due to their sexual orientation. . . . In 1999, the Governing Council adopted a statement ‘opposing the promotion of reparative therapy as a cure for individuals who are homosexual.’ . . .

[T]he ACA Ethics Committee strongly suggests that ethical professional counselors do not refer clients to someone who engages in conversion therapy or, if they do so, to proceed cautiously only when they are certain that the referral counselor fully informs clients of the unproven nature of the treatment and the potential risks and takes steps to minimize harm to clients. . . . This information also must be included in written informed consent material by those counselors who offer conversion therapy despite ACA’s position and the Ethics Committee’s statement in opposition to the treatment. To do otherwise violates the spirit and specifics of the ACA Code of Ethics.”

<http://www.counseling.org/news/updates/2013/01/16/ethical-issues-related-to-conversion-or-reparative-therapy>

- <http://ct.counseling.org/2006/05/exploring-ethical-issues-related-to-conversion-or-reparative-therapy/>

American Medical Association

<https://www.ama-assn.org>

- *Policies on Lesbian, Gay, Bisexual & Transgender (LGBT) Issues*

“Our AMA... opposes, the use of 'reparative' or 'conversion' therapy that is based upon the assumption that homosexuality per se is a mental disorder or based upon the a priori assumption that the patient should change his/her homosexual orientation.”

<https://www.ama-assn.org/delivering-care/ama-policies-lesbian-gay-bisexual-transgender-lgbt-issues>

American School Counselor Association

<https://www.schoolcounselor.org>

- *The Professional School Counselor and LGBT Youth*

“Lesbian, gay, bisexual, transgendered and questioning (LGBTQ) youth often begin to experience self-identification during their pre-adolescent or adolescent years, as

do heterosexual youth. These developmental processes are essential cognitive, emotional and social activities, and although they may have an impact on student development and achievement, they are not a sign of illness, mental disorder or emotional problems nor do they necessarily signify sexual activity.

The professional school counselor works with all students through the stages of identity development and understands this development may be more difficult for LGBTQ youth. It is not the role of the professional school counselor to attempt to change a student's sexual orientation/gender identity but instead to provide support to LGBTQ students to promote student achievement and personal well-being.”

American School Health Association

<http://www.ashaweb.org>

•Quality Comprehensive Sexuality Education

“[T]he American School Health Association . . . expects that comprehensive sexuality education in schools will be scientifically accurate and based on current medical, psychological, pedagogical, educational and social research . . . [and recommends] that teachers be well-trained and competent to teach sexuality education as defined by . . . insight into and acceptance of their own personal feelings and attitudes concerning sexuality topics so personal life experiences do not intrude inappropriately into the educational experience.”

Just the Facts Coalition

(American Academy of Pediatrics, American Association of School Administrators, American Counseling Association, American Federation of Teachers, American Psychological Association, American School Counselor Association, American School Health Association, Interfaith Alliance Foundation, National Association of School Psychologists, National Association of Secondary School Principals, National Association of Social Workers, National Education Association, School Social Work Association of America)

• Just the Facts About Sexual Orientation and Youth - A Primer for Principals, Educators, and School Personnel (2008)

“The most important fact about 'reparative therapy,' also sometimes known as 'conversion' therapy, is that it is based on an understanding of homosexuality that has been rejected by all the major health and mental health professions. The American Academy of Pediatrics, the American Counseling Association, the American Psychiatric Association, the American Psychological Association, the National Association of School Psychologists, and the National Association of Social Workers, together representing more than 477,000 health and mental health professionals, have all taken the position that homosexuality is not a mental disorder and thus there is no need for a ‘cure.’”

<http://www.apa.org/pi/lgbt/resources/just-the-facts.pdf>

The American Psychiatric Association

<https://psychiatry.org>

• *Position Statement on Therapies Focused on Attempts to Change Sexual Orientation (Reparative or Conversion Therapies)* (May 2000)

“Psychotherapeutic modalities to convert or 'repair' homosexuality are based on developmental theories whose scientific validity is questionable. Furthermore, anecdotal reports of "cures" are counterbalanced by anecdotal claims of psychological harm. In the last four decades, "reparative" therapists have not produced any rigorous scientific research to substantiate their claims of cure. Until there is such research available, [the American Psychiatric Association] recommends that ethical practitioners refrain from attempts to change individuals' sexual orientation, keeping in mind the medical dictum to first, do no harm. The potential risks of reparative therapy are great, including depression, anxiety and self-destructive behavior, since therapist alignment with societal prejudices against homosexuality may reinforce self-hatred already experienced by the patient. Many patients who have undergone reparative therapy relate that they were inaccurately told that homosexuals are lonely, unhappy individuals who never achieve acceptance or satisfaction. The possibility that the person might achieve happiness and satisfying interpersonal relationships as a gay man or lesbian is not presented, nor are alternative approaches to dealing with the effects of societal stigmatization discussed.

Therefore, the American Psychiatric Association opposes any psychiatric treatment, such as reparative or conversion therapy which is based upon the assumption that homosexuality per se is a mental disorder or based upon the a priori assumption that the patient should change his/her sexual homosexual orientation.”

<https://www.psychiatry.org/.../Position-2000-Therapies-Change-Sexual-Orientation.pdf>

or

<https://webcache.googleusercontent.com/search?q=cache:g9ot0PaWsj0J:https://www.psychiatry.org/File%2520Library/Learn/Archives/Position-2000-Therapies-Change-Sexual-Orientation.pdf+&cd=1&hl=en&ct=clnk&gl=us&client=safari>

The American Psychoanalytical Association

www.apsa.org

• *2012 - Position Statement on Attempts to Change Sexual Orientation, Gender Identity, or Gender Expression*

“As with any societal prejudice, bias against individuals based on actual or perceived sexual orientation, gender identity or gender expression negatively affects mental health, contributing to an enduring sense of stigma and pervasive self-criticism through the internalization of such prejudice.

Psychoanalytic technique does not encompass purposeful attempts to ‘convert,’ “repair,” change or shift an individual’s sexual orientation, gender identity or gender expression. Such directed efforts are against fundamental principles of psychoanalytic treatment and often result in substantial psychological pain by reinforcing damaging internalized attitudes.”

<http://www.apsa.org/content/2012-position-statement-attempts-change-sexual-orientation-gender-identity-or-gender>

The American Psychological Association

www.apa.org/

• *Text of Resolution of Appropriate Responses to Appropriate Therapeutic Responses to Sexual Orientation* - Adopted by the American Psychological Association Council of Representatives, August 14, 1997

“THEREFORE, BE IT RESOLVED, That the American Psychological Association affirms that same-sex sexual and romantic attractions, feelings, and

behaviors are normal and positive variations of human sexuality regardless of sexual orientation identity;

BE IT FURTHER RESOLVED, That the American Psychological Association reaffirms its position that homosexuality per se is not a mental disorder and opposes portrayals of sexual minority youths and adults as mentally ill due to their sexual orientation;

BE IT FURTHER RESOLVED, That the American Psychological Association concludes that there is insufficient evidence to support the use of psychological interventions to change sexual orientation;

BE IT FURTHER RESOLVED, That the American Psychological Association encourages mental health professionals to avoid misrepresenting the efficacy of sexual orientation change efforts by promoting or promising change in sexual orientation when providing assistance to individuals distressed by their own or others' sexual orientation..."

<http://www.apa.org/about/policy/sexual-orientation.aspx>

National Association of School Psychologists

<https://www.nasponline.org>

National Association of Social Workers

<http://www.naswdc.org/>

- *"Reparative" and "Conversion" Therapies for Lesbians and Gay Men* (Jan. 2000)

“People seek mental health services for many reasons. Accordingly, it is fair to assert that lesbians and gay men seek therapy for the same reasons that heterosexual people do. However, the increase in media campaigns, often coupled with coercive messages from family and community members, has created an environment in which lesbians and gay men often are pressured to seek reparative or conversion therapies, which cannot and will not change sexual orientation. Aligned with the American Psychological Association's (1997) position, NCLGB [NASW's National Committee on Lesbian and Gay Issues] believes that such treatment potentially can lead to severe emotional damage. Specifically, transformational ministries are fueled by stigmatization of lesbians and gay men, which in turn produces the social climate that pressures some people to seek change in sexual orientation. No data

demonstrate that reparative or conversion therapies are effective, and in fact they may be harmful.”

<http://www.naswdc.org/diversity/lgb/reparative.asp>

Pan American Health Organization (PAHO): Regional Office of the World Health Organization

<http://www.paho.org/hq/>

• ”*Therapies*” to change sexual orientation lack medical justification and threaten health (May 2012)

“Services that purport to "cure" people with non-heterosexual sexual orientation lack medical justification and represent a serious threat to the health and well-being of affected people, the Pan American Health Organization (PAHO) said in a position statement launched on 17 May, 2012, the International Day against Homophobia. The statement calls on governments, academic institutions, professional associations and the media to expose these practices and to promote respect for diversity.”

<http://www.paho.org/hq/index.php?>

[option=com_content&view=article&id=6803&Itemid=1926](http://www.paho.org/hq/index.php?option=com_content&view=article&id=6803&Itemid=1926)

Substance Abuse and Mental Health Services Administration

<http://www.samhsa.gov>

• PDF Report: *Ending Conversion Therapy: Supporting and Affirming LGBT Youth*

<http://store.samhsa.gov/shin/content//SMA15-4928/SMA15-4928.pdf>

World Psychiatric Association

<http://www.wpanet.org>

• *WPA Position Statement on Gender Identity and Same-Sex Orientation, Attraction, and Behaviours* (March 2016)

“There is no sound scientific evidence that innate sexual orientation can be changed. Furthermore, so-called treatments of homosexuality can create a setting in which prejudice and discrimination flourish, and they can be potentially harmful (Rao and Jacob 2012). The provision of any intervention purporting to “treat” something that is not a disorder is wholly unethical.

....

WPA considers same-sex attraction, orientation, and behaviour as normal variants of human sexuality. It recognises the multi-factorial causation of human sexuality, orientation, behaviour, and lifestyle. It acknowledges the lack of scientific efficacy of treatments that attempt to change sexual orientation and highlights the harm and adverse effects of such “therapies”.

http://www.wpanet.org/detail.php?section_id=7&content_id=1807

Legal Note:

“California, Illinois, New Jersey, Oregon, Vermont and the District of Columbia have passed laws to prevent licensed mental health providers from offering conversion therapy to minors, and more than 20 states have introduced similar legislation. In addition, New York State agencies have taken administrative action to protect LGBTQ youth by barring insurance coverage for the harmful practice and making it unlawful for state-licensed mental health providers to provide conversion therapy to minors. Oklahoma has introduced legislation which would specifically legitimize conversion therapy and immunize it from state oversight.”

<http://www.hrc.org/resources/the-lies-and-dangers-of-reparative-therapy>

MUSLIM RIGHTS

CAIR - Counsel on American-Islamic Relations (also in Bigotry)

<https://www.cair.com>

Islamic Society of North America

<http://www.isna.net>

Naseeha Helpline: 1-866-NASEEHA

Helpline for Youth

The Muslim-Jewish Advisory Council

A new coalition of the American Jewish Committee (<http://www.ajc.org>) and Islamic Society of North America (<http://www.isna.net>)

•Press Release: <http://www.prnewswire.com/news-releases/ajc-and-isna-launch-muslim-jewish-advisory-council-300362171.html>

or

<http://www.haaretz.com/world-news/u-s-election-2016/1.753161>

OTHER HUMAN RIGHTS

List - World's Top Ten Human Rights Organization

<https://www.fundsforngos.org/featured-articles/worlds-top-ten-human-rights-organisations/>

Amnesty International

<http://www.amnestyusa.org>

Free Chelsea Manning

<https://www.chelseamanning.org>

Human Rights Watch

<https://www.hrw.org>

Pardon Edward Snowden

<https://pardonsnowden.org>

PEACE & ANTI-WAR

Code Pink

www.codepink.org

Federation of American Scientists (not anti-war, but source of analysis and policy about national security issues)

<https://fas.org/about-fas/>

The National Network Opposing the Militarization of Youth

<http://www.nnomy.org>

WILPF - Women's International League for Peace and Freedom

<http://wilpf.org>

World Beyond War . org [caution via Chrome - this site may be hacked]

List of Peace and U.S. Foreign Policy Organizations

<http://www.startguide.org/orgs/orgs02.html>

POLICE WATCH

ACLU - Police Militarization

<https://www.aclu.org/issues/criminal-law-reform/reforming-police-practices/police-militarization>

Cop Watch

<http://www.copwatch.org>

More info:

<https://www.thenation.com/article/heres-how-to-cop-watch/>

POVERTY & CLASS

Other 98

<http://other98.com>

OXFAM

<https://www.oxfamamerica.org/>

PRISON-INDUSTRIAL COMPLEX & PRISON REFORM

ACLU - American Civil Liberties Union

<https://www.aclu.org/other/aclu-policy-priorities-prison-reform>

United Nations Office on Drugs and Crime

<https://www.unodc.org/unodc/en/justice-and-prison-reform/prison-reform-and-alternatives-to-imprisonment.html>

Other Info:

<http://reformmovements1800s.weebly.com/prison-and-asylum-reform.html>

REPRODUCTIVE RIGHTS & SEXUAL HEALTH & FREEDOM

Center for Reproductive Rights

<https://www.reproductiverights.org>

NARAL Pro-Choice America

<http://www.prochoiceamerica.org/index-splash.html>

National Coalition for Sexual Freedom

<https://www.ncsfreedom.org>

Planned Parenthood

<https://www.plannedparenthood.org>

Note: over 20,000 donations have been made in the “honor” of Mike Pence as of 11/19/16. Consider this as a strategy as he receives notice every time someone donates like this.

Woodhull Freedom Foundation

<http://www.woodhullfoundation.org>

SECESSION

Yes California

<http://www.filmsforaction.org>

More Info:

<https://mises.org/blog/left-embraces-secession-caexit>

<http://atlantaprogressivenews.com/2015/09/06/modern-day-u-s-secession-movements-are-ideologically-diverse/>

SEXUAL & GENDER VIOLENCE

Global Network of Sexwork Projects

- Addressing Violence Against Sexworkers

<http://www.nswp.org/sites/nswp.org/files/DGP%20Violence.pdf>

International Day to End Violence Against Sexworkers

<http://www.december17.org>

Intersex Day of Remembrance

<http://intersexday.org/en/honouring-elders/>

National Coalition Against Domestic Violence

<http://www.ncadv.org>

Protect QTPOC - Queer Trans People of Color - Community Defense

<http://www.qtpocdefense.com>

Trangender Day of Remembrance - November

<https://tdor.info>

UnSlut Project

<http://www.unslutproject.com>

UN Study on Violence Against Children

<http://www.unviolencestudy.org>

Western Regional Coalition to End Violence

- Elder Abuse

<http://www.wrcev.ca/get-the-facts/elder-abuse/>

Women Against Rape

<http://womenagainstrape.net/women-against-rape>

List of Domestic Violence Organizations:

<http://greatist.com/happiness/stop-domestic-violence-organizations>

SEXWORKER RIGHTS

Amnesty International

<https://www.amnesty.org/en/latest/news/2015/08/sex-workers-rights-are-human-rights/>

<http://www.theestablishment.co/2016/10/19/the-green-party-is-failing-sex-workers/>

SOCIAL SECURITY & MEDICARE

AARP - American Association for Retired People: Take a Stand

[https://action.aarp.org/site/SPageNavigator/Take A Stand Sign Up.html](https://action.aarp.org/site/SPageNavigator/Take+A+Stand+Sign+Up.html)

Social Security Works

<http://www.socialsecurityworks.org/>

STRATEGIC THINKING

Global Guerrillas

<http://globalguerrillas.typepad.com>

TRANSFORMATION & HOPE

Bioneers

<http://www.bioneers.org>

Start Guide List of Progressive Cultural Change Organizations

<http://www.startguide.org/orgs/orgs10.html>

Start Guide List of Progressive Constituency Organizations

<http://www.startguide.org/orgs/orgs11.html>

Start Guide List of Other Progressive Issue Organizations

<http://www.startguide.org/orgs/orgs09.html>

VIOLENCE, BULLYING, HARASSMENT

American Medical Association

<https://www.ama-assn.org/delivering-care/promoting-violence-prevention>

American for Responsible Solutions (PAC)

<http://americansforresponsiblesolutions.org/stand-with-gabby/>

Every Town for Gun Safety

<http://everytown.org/>

WATER (See Also Environment, Food)

Environmental Protection Agency

<https://www.epa.gov/sourcewaterprotection>

Standing Rock

<http://standingrock.org>

(also in Indigenous Rights)

Stand with Standing Rock - Suggests three strategies for helping Sign petition, call White House, donate.

<http://standwithstandingrock.net>

(also in Indigenous Rights)

WOMEN'S RIGHTS & MISOGYNY/SEXISM

League of Women Voters

<http://lww.org>

National Organization of Women

<http://now.org>

National Partnership

<http://www.nationalpartnership.org/>

Actions & Strategies - Links to Groups

ACTIVISM SUPPORT & FUNDRAISING (See also Bigotry)

ActBlue Civics

Fundraising tools for grassroots causes

<https://secure.actblue.com>

MoveOn

Several petitions on one page, activist campaigns

<http://front.moveon.org>

Our Revolution (Bernie Sanders)

<https://ourrevolution.com>

Start Guide List of Progressive Infrastructure Organizations

<http://www.startguide.org/orgs/orgs12.html>

ALLIES & ACCOMPLICES

How to Be a White Ally to People of Color:

<http://www.alternet.org/news-amp-politics/11-things-white-people-can-do-be-real-anti-racist-allies>

<http://www.salon.com/2016/07/08/>

[how to be a white ally fighting racism is your responsibility start now/](http://www.salon.com/2016/07/08/how-to-be-a-white-ally-fighting-racism-is-your-responsibility-start-now/)

<http://www.salon.com/2016/07/08/>

[how to be a white ally fighting racism is your responsibility start now/](http://www.salon.com/2016/07/08/how-to-be-a-white-ally-fighting-racism-is-your-responsibility-start-now/)

How to Be a Trans Ally:

<http://transwhat.org/allyship/>

<http://www.glaad.org/transgender/allies>

<http://everydayfeminism.com/2014/11/misconceptions-trans-ally-understand/>

<http://everydayfeminism.com/2015/06/6-common-mistakes-trans-allies/>

<https://www.bustle.com/articles/76762-11-ways-to-be-a-trans-ally-according-to-transgender-people-themselves>

How to Be an LGBT Ally

<http://www.hrc.org/blog/how-to-be-an-lgbt-ally>

<http://www.glaad.org/resources/ally>

How to Be an Ally to Muslims

<http://www.adl.org/education-outreach/anti-bias-education/c/islamophobia-and-being-an.html>

How to Be an Ally to Immigrants

<http://dojustice.crcna.org/article/how-be-ally-immigrants>

<https://www.afsc.org/resource/immigrant-ally-resources-quaker-meetings-and-churches>

<https://www.naspa.org/constituent-groups/kcs/undocumented-immigrants-and-allies>

Start Guide - Study, Think, Act, Respond Together

<http://www.startguide.org/index.html>

- START is a free 24-session study course that you conduct on your own. Gather 8 or 10 friends together, study and discuss environmental, domestic, and world issues using the on-line readings, read and think about the world we want and how to get there, and then act. The START Study Guide provides guidance on how to pull a group together, modify the process to meet your needs, and run a group. The START Reading List links directly to the readings, which are all free and accessible on-line.

BOYCOTTS & CONSUMER ACTIONS

Boycott App

<http://www.boycott.com>

<http://www.forbes.com/sites/clareoconnor/2013/05/14/new-app-lets-you-boycott-koch-brothers-monsanto-and-more-by-scanning-your-shopping-cart/#39d011bb2c82>

Sum of Us

<http://www.sumofus.org/about/>

SumOfUs is a community of people from around the world committed to curbing the growing power of corporations.

Lists of Companies to Boycott

The Official #GrabYourWallet List of Companies that Do Business with and/or Back the Trump Family

https://docs.google.com/spreadsheets/d/1vu0Y0HvadMgG_LN7dF8W7M66oPCcx_nmSARQWirV7iY/htmlview?slc=true#gid=0

Boycott Their Ass: A List of Companies that Support Donald Trump
The Race Card, Nov. 14, 2016

<http://www.afropunk.com/profiles/blogs/boycott-their-ass-a-list-of-companies-that-support-donald-trump>

Boycott Trump: List of Pro-Trump Businesses

Staff Writers, June 27, 2016

<http://www.arbiternews.com/2016/06/27/boycott-trump-list-pro-trump-businesses/>

Creative Trolling Pushback:

The ‘trump cup’ harrasment of Starbucks employees can be easily countered by “dotting the T” when writing the name.

BARISTAS, IF YOU'RE TROLLED...



COMMUNITY ORGANIZING

Center for Community Change

<https://comm-org.wisc.edu/papers97/beckwith.htm>

CIL Management Center (a list of skills)

http://wnyil.org/community-organizing/chapter10_3.html

COMMUNITY MEDIC TRAINING

People's Community Medics

<http://www.peoplescommunitymedics.org>

MEDIA: LEGITIMATE SOURCES & HOW TO SPOT FAKE NEWS



Johanina Wikoff's List, Nov. 12, 2016 - Published in Facebook (Slightly reformatted)

Here are the results of my search and research for REAL NEWS SOURCES for my friends who want accurate sources of information. I am fed up with what google searches and the big six news sources offer me.

Here are my findings:

All these sources claim that they do not accept government, political or corporate funding and that their missions are to seek the truth and provide real news versus the entertainment mass media outlets spew to maintain viewer ratings. But this does not eliminate bias. At the end of the day it is human beings, with all their shortcomings, creating the final product.

So it is up to every reader/listener to question their news and its sources. Being aware that the mainstream media is mostly propaganda is a good starting point. The difficult part is finding the truth.

Real News therealnews.com

Christian Science Monitor csm.com

Truthout truth-out.org

Reuters reuters.com

The Nation thenation.com

Pro Pulica propublica.org

The Center for Public Integrity publicintegrity.org

AllSides - Balanced News, Issues, etc. allsides.com

FAIR - Fairness & Accuracy in Reporting fair.org

Who. What. Why. - Investigative <http://whowhatwhy.org>

World News WN Network wn.com

WatchDog watchdog.org

These sites monitor censorship and restriction of information on specific sites:

Politifact politifact.com

Open Secrets -
Center for Responsive Politics opensecrets.org

factcheck.org

Media:

Pundit Fact punditfact.com

Reporters without Borders rsf.org

Institute for Public Accuracy accuracy.org

Media Channel mediachannel.org

Corporations:

Center for Media and Democracy CMD prwatch.org

ALEC Exposed alecexposed.org

• “Through the corporate-funded American Legislative Exchange Council, global corporations and state politicians vote behind closed doors to try to rewrite state laws that govern your rights. These so-called "model bills" reach into almost every area of American life and often directly benefit huge corporations. In ALEC's own words, corporations have "a VOICE and a VOTE" on specific changes to the law that are then proposed in your state. DO YOU? Numerous resources to help us expose ALEC are provided below. We have also created links to detailed discussions of key issues, which are available on the left.”

Media Reform Coalition mediareform.orgUK

Climate:

Inside Climate News insideclimatenews.org

ALEC Climate Denial climatedenial.org

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Al Jazeera

<http://www.aljazeera.com>

@ajam (Al Jazeera America - office now closed, but Twitter account still active)

BBC World News (more than sound bites)

<http://www.bbc.com/news/world>

@BBCBreaking

Common Dreams

<http://commondreams.org>

Daily KOS

<http://www.dailykos.com/>

Democracy Now - TV & Radio

<http://www.democracynow.org>

@DemocracyNow

Guns & Butter - Radio

<http://www.gunsandbutter.org>

HardKnock Radio with Davey D

<http://www.daveyd.com/hardknock.html>

Radio Archives: <https://kpfa.org/program/hard-knock-radio/>

Chris Hedges on Truth-Dig

http://www.truthdig.com/staff/chris_hedges

The Intercept - Glen Greenwald

<https://theintercept.com>

KPFA FM (listen online)

<https://kpfa.org>

Michael Moore - Documentary Filmmaker

<http://michaelmoore.com>

Mother Jones

<http://www.motherjones.com>

No More Fake News - Jon Rappoport

<http://nomorefakenews.com>

Pacifica News (Includes KPFA FM of Berkeley)

pacificanetwork.org

Greg Palast - Investigative Journalist for The Guardian

<http://www.gregpalast.com>

@GregPalast

Our Future

<https://ourfuture.org/>

• Progressive Breakfast - <https://ourfuture.org/progressivebreakfast>

Project Censored

<http://projectcensored.org>

Reader Supported News

<http://readersupportednews.org/>

Rising Up with Sonali Kolhatkar - Radio & TV

<http://www.risingupwithsonali.com>

@RUWithSonali

Snopes - Debunk Fake News

www.snopes.com

The Guardian

<https://www.theguardian.com/>

@Guardian

@GuardianUS

Tikkun - Tikkun is a magazine dedicated to healing and transforming the world.
<http://www.tikkun.org/nextgen/>

List of *False, Misleading, Clickbait-y, and Satirical “News” Sources*

https://docs.google.com/document/d/10eA5-mCZLSS4MQY5QGb5ewC3VAL6pLkT53V_81ZyitM/preview

MEDIA: INDIGENOUS - U.S.

Indian Country

<http://www.indiancountrynews.com>

Indian Country Today

<http://indiancountrytodaymedianetwork.com>

Native News Online

<http://nativenewsonline.net>

Native News

<http://www.nativenews.net>

@Native_NewsNet

Native Public Media

<http://nativepublicmedia.org>

Native Times

<http://www.nativetimes.com>

The Red Nation

@The_Red_Nation

List - Index of Native American Media Resources on the Internet

<http://www.hanksville.org/NAresources/indices/NAmedia.html>

MEDIA: KANAKA MAOLI (native Hawaiian)

Na Leo TV

<http://naleo.tv>

@NaLeoTV

Na Maka o Ka 'Aina

A wide range of documentary films about issues in Hawai'i.

<http://www.namaka.com>

Noho Hewa - The Wrongful Occupation of Hawai'i

Documentary by Anne Keala Kelly.

<http://www.nohohewa.com>

'Oiwi TV

<http://oiwi.tv>

@OiwiTV

'Olelo Community Media

<http://www.olelo.org>

MEDIA: MISC

Films for Action

<http://www.filmsforaction.org>

John Oliver (because comedy and analysis is medicine)

<http://iamjohnoliver.com>

Open Media

<https://openmedia.org/>

MEDIA, SOCIAL

Strategy: Use hashtags for searchability PLUS reach media and journalists through their Twitter accounts. Examples below:

@ABC

Al Jazeera America @ajam

Associated Press @AP

@BBCBreaking

@BigIslandNews

@BigIslandNow

CBC Canadian News @CBCCanada

Canadian Press @CDNPress

China Daily USA @ChinaDailyUSA

Christian Science Monitor - @csmonitor

Democracy Now @DemocracyNow

Der Spiegel @GcsDerSpiegel

@Guardian

@GuardianUS

Huffington Post Canada - @HuffPostCanada

Huffington Post Hawaii - @HuffPosthawaii

@IndiaToday

@IndianCountry

Japan Times @japantimes

@media_action

@MTnotes

@NationofChange

@Native_NewsNet

@N8TVAffairsTV

National Public Radio @NPR

New York Times @nytimes

Peoples Daily @PDChina

San Francisco Chronicle @SFGate

San Jose Mercury News @mercnews

USA Today @USAToday

VICE @ViceNews

NON-VIOLENCE

A Force More Powerful

<http://www.aforcemorepowerful.org/resources/nonviolent/faq.php/>

- 198 Methods of Nonviolence

<http://www.aforcemorepowerful.org/resources/nonviolent/methods.php>

Campaign Nonviolence Organizing Toolkit

<http://www.paceebene.org/wp-content/uploads/2015/03/CNV-Toolkit-MASTER1-3-24-15.pdf>

Nonviolent Peaceforce

<http://www.paceebene.org/wp-content/uploads/2015/03/CNV-Toolkit-MASTER1-3-24-15.pdf>

PACS - POLITICAL ACTION COMMITTEES

80/20 National Asian American PAC - Bi-partisan

<http://www.80-20initiative.net>

American for Responsible Solutions PAC

<http://americansforresponsiblesolutions.org/stand-with-gabby/>

PETITION SITES

AVAAZ - The World in Action

<https://www.avaaz.org>

Change

change.org

Credo Action

<http://credoaction.com/>

Demand Progress

www.demandprogress.org

Nation of Change

<http://www.nationofchange.org/>

POLITICAL PARTIES

2018 House of Representatives Elections

[https://en.wikipedia.org/wiki/](https://en.wikipedia.org/wiki/United_States_House_of_Representatives_elections,_2018)

[United States House of Representatives elections, 2018](https://en.wikipedia.org/wiki/United_States_House_of_Representatives_elections,_2018)

- “All 435 congressional districts across each of the 50 U.S. states. Non-voting delegates from the District of Columbia and the four of the five inhabited U.S. territories[Note 2] will also be elected.”

2018 United States Senate Elections

[https://en.wikipedia.org/wiki/United States Senate elections, 2018](https://en.wikipedia.org/wiki/United_States_Senate_elections,_2018)

- “33 of the 100 seats in the Senate being contested in regular elections whose winners will serve six-year terms from January 3, 2019 until January 3, 2025. Currently, Democrats are expected to have 23 seats up for election, additionally 2 independents who caucus with the Democrats are facing the end of their current term. Republicans are expected to have 8 seats up for election.”

Democrat

<https://www.democrats.org>

Green Party

<http://www.gp.org>

- Ask the Greens to revise their stand on Sexworker Rights.

<http://www.theestablishment.co/2016/10/19/the-green-party-is-failing-sex-workers/>

Libertarian

<https://www.lp.org>

Peace & Freedom

<http://www.peaceandfreedom.org/home/>

Republican

<https://www.gop.com>

Wikipedia List of Political Parties in U.S.

https://en.wikipedia.org/wiki/List_of_political_parties_in_the_United_States

PRIVACY TOOLS

Center for a Stateless Society

<https://c4ss.org/content/46853>

PROTEST STRATEGIES & SAFETY

Activist Legal Project - Practical Protest Techniques

<http://www.activistslegalproject.org.uk/practicalprotest.pdf>

Kapu Aloha - Kanaka Maoli methods)

Kapu Aloha 101 - <http://oiwi.tv/maunakea/kapu-aloha-101/>

He Kapu Aloha - <http://www.nameahawaii.com/stories/he-kapu-aloha/>

National Swell - 7 Things Every Protestor Should Know

<http://nationswell.com/7-strategies-to-protest-effectively/>

Ruckus Society

<http://ruckus.org>

- Training and support.

GOVERNMENT - U.S.

• *How to Communicate with Government Officials:*

[http://www.attn.com/stories/12768/former-congressional-staffer-explains-how-to-make-congressman-listen?](http://www.attn.com/stories/12768/former-congressional-staffer-explains-how-to-make-congressman-listen?utm_source=twitter&utm_medium=post&utm_campaign=internal)

[utm_source=twitter&utm_medium=post&utm_campaign=internal](http://www.attn.com/stories/12768/former-congressional-staffer-explains-how-to-make-congressman-listen?utm_source=twitter&utm_medium=post&utm_campaign=internal)

<http://www.dailykos.com/story/2016/11/13/1597931/-Want-to-prevent-the-Republican-Horde-from-destroying-PPACA-Medicare-Phone-it-in>

BILL OF RIGHTS

Bill of Rights Institute

<https://www.billofrightsinstitute.org/founding-documents/bill-of-rights/>

CIVICS - THE BASICS

Citizen Joe - Civics 101

<http://www.citizenjoe.org/node/154>

National Association of Clinical Nurse Specialists

- Civics 101 - How Government Works

<http://www.nacns.org/docs/Civics101.pdf>

Utne Reader

<http://www.utne.com/politics/america-101-civic-literacy-saving-constitutional-democracy/>

INTERNATIONAL SHARED STRUGGLES & NETWORKS

International Organization Lists

Start Guide List of International Justice Organizations

<http://www.startguide.org/orgs/orgs03.html>

[Note: International organizations will be included in December's issue.]

UNITED NATIONS

A Brief Guide to Finding UN Human Rights Documents

<http://www.ohchr.org/EN/Library/Pages/FindingUNHumanRights.aspx>

Universal Declaration of Human Rights

<http://www.un.org/en/universal-declaration-human-rights/>

Declaration of the Rights of Indigenous Peoples PDF

http://www.un.org/esa/socdev/unpfi/documents/DRIPS_en.pdf

UNICEF Declaration on the Rights of the Child

<https://www.unicef.org/malaysia/1959-Declaration-of-the-Rights-of-the-Child.pdf>

UN Study on Violence Against Children

<http://www.unviolencestudy.org>

Special Focus: Legal Aid Organizations in Los Angeles

“Small donations make a big difference. Local legal aid orgs are often the first line of defense and many are rightfully concerned about budget slash and burn under the new administration.” [Source: a comment on Facebook]

Asian Americans Advancing Justice - AAJC

<http://advancingjustice-aaajc.org/>

Bet Tzedek - Justice for All

<http://www.bettzedek.org/>

Legal Aid Foundation of Los Angeles - LAFLA

<https://lafla.org/>

Legal Dept @ LA LGBT Center

<https://lalgbtcenter.org/social-service-and-housing/legal-services>

Public Counsel - Nation's Largest Pro Bono Law Firm

<http://www.publiccounsel.org/>

Inner City Law Center

<http://www.innercitylaw.org/>

Wishing Us All Victory in Resistance!

